

Iodine -131 Therapy

If you are pregnant, may be pregnant, or are breastfeeding, contact the University Radiology office where you are scheduled.

Day of Your Exam:

- Arrive at least 15 minutes prior to your test.
- If of child-bearing age, you must have a blood pregnancy test 24 hours prior to appointment and abstain from sexual intercourse for the prior 10 days.
- No IV contrast for the last 8 weeks.
- You may take your normal medications with small sips of water (except any thyroid medications).
- You will be given a pill containing a radioactive material.
- The appointment will take about one hour.
- You will be instructed by the nuclear medicine physician as to any instructions that may need to be followed after the procedure.

Bring relevant studies and reports to your appointment

University Radiology is able to obtain electronic images and reports for you if the previous studies were performed at our imaging centers or at one of our affiliated hospitals located across New Jersey. Please visit our website for a full listing: UniversityRadiology.com

Bring your prescription, insurance card, and photo ID

They are required for this procedure.

Glucose Monitoring Devices

Devices such as the 'FreeStyle Libre' must be removed before any MRI, CT scan, PET/CT scan, Mammogram, DEXA, or X-ray. The exposure may damage the device and cause incorrect readings.

Payment

You will be expected to pay your estimated co-payment, co-insurance and/or deductible at the time of your appointment. Call your insurance provider if you have questions about your plan or coverage.

Questions?

Call **800-758-5545**